



Communication Plan

Deanna Tucker
Social Emotional
Learning Teacher



Hilden Elementary School
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What is Social Emotional Learning?

We define social and emotional learning (SEL) as an integral part of education and human development. SEL is the process through which all young people and adults acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions.

[-https://casel.org/](https://casel.org/)

How are Social Emotional Learning services provided?



Tier 1 Classroom *No Consent Required

Provides proactive and preventative programming to large groups of students on topics relating to the SEL's scope of practice (e.g. anxiety, depression, kindness, social/emotional learning, body image, healthy relationships, consent, social media, mental health literacy. Provide professional development, resources, and consultation to school staff on topics relating to the SEL's scope of practice.

Tier 2 Small Group *Requires Consent

Offers direct mental health support interventions to students within small targeted groups (e.g. grief and loss, anger, anxiety, social skills, executive function development, verbal and non-verbal communication, critical thinking, problem solving, body image etc.). Access supplemental support/interventions that

address specific needs

SEL Teacher Roles and Responsibilities

- respect confidentiality at all times
- review student files from previous school years
- provide culturally appropriate learning opportunities that reflect the diversity of today's classrooms, including a range of developmental stages and abilities
- use knowledge of student's strengths, challenges, and interests to support their learning
- attend Teacher Support Team and Program Planning Team meetings
- collaborate with teachers and support staff
- offer ideas on how to support students at home
- monitor and document student progress and provide updates to you
- be aware of agency and community supports and understand the referral process

https://studentservices.ednet.ns.ca/sites/default/files/program_planning_en.pdf

Nova Scotia Health Curriculum Connections:

- Learners will investigate a range of emotions that humans share.
- Learners will investigate habits that contribute to having a healthy mind and a healthy body.
- Learners will investigate healthy ways for coping with changes to family life.
- Learners will investigate characteristics that promote healthy and safe relationships.
- Learners will investigate the health benefits of active and quiet leisure in having a healthy mind and a healthy body.
- Learners will investigate empathy.
- Learners will investigate ways for managing difficulties in friendship.
- Learners will investigate how health behaviors impact physical, mental, emotional, social, and spiritual health.

Communication

Education is a partnership between home and school. We value parent involvement at every level and encourage you to partner with us. To support this partnership, communication from the teacher will be provided using the following methods: e-mail: tuckerdm@gnspe.ca

phone: 902-896-5750

School Website: <https://he.ccrce.ca/>

Communication from home is always welcome.